

# August 2024 . . Monthly Meal Plan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> <a href="#">Zuppa Toscana soup</a> , bread	<b>2</b> <a href="#">Beef enchiladas</a> , corn	<b>3</b> Frozen pizzas, frozen broccoli
<b>4</b> <a href="#">Beef stroganoff</a> , pasta, green beans	<b>5</b> <a href="#">Skillet pork chops with apples</a> , green vegetable	<b>6</b> <a href="#">Tacos, black beans</a> , corn	<b>7</b> <a href="#">Mexican chicken and rice soup</a> , bread	<b>8</b> <a href="#">Chicken shawarma pita meal</a>	<b>9</b> <a href="#">Creamy mushroom pasta</a> , salad	<b>10</b> Sausages, <a href="#">IP macaroni and cheese</a> , frozen peas
<b>11</b> <a href="#">Grilled brown sugar mustard glazed salmon</a> , rice, broccoli	<b>12</b> <a href="#">Parmesan crusted chicken</a> , rice, green beans	<b>13</b> <a href="#">Tacos, black beans</a> , corn	<b>14</b> <a href="#">Copycat CFA sandwiches</a> , potatoes, broccoli	<b>15</b> <a href="#">Slow cooker pulled pork, coleslaw</a> , buns	<b>16</b> <a href="#">Cajun shrimp and vegetable skillet</a>	<b>17</b> <a href="#">Oven hamburgers</a> , carrots
<b>18</b> <a href="#">One pot creamy tomato pasta skillet</a> , salad	<b>19</b> <a href="#">Bacon wrapped chicken</a> , rice, green beans	<b>20</b> <a href="#">Tacos, black beans</a> , corn	<b>21</b> <a href="#">Korean beef bowl</a>	<b>22</b> Frozen pizzas, frozen broccoli	<b>23</b> <a href="#">Creamy chicken taquitos</a> , salad	<b>24</b> <a href="#">Greek pasta salad</a> , fruit
<b>25</b> Dinner @ church	<b>26</b> <a href="#">Pollo asado</a> , rice, green beans	<b>27</b> <a href="#">Tacos, black beans</a> , corn	<b>28</b> <a href="#">Copycat CFA sandwiches</a> , potatoes, broccoli	<b>29</b> Hot dogs, <a href="#">IP macaroni and cheese</a> , frozen peas	<b>30</b> <a href="#">Buffalo chicken casserole</a> , fruit	<b>31</b> Eat out