


# February 2025 Monthly Meal Plan

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> Rotisserie chicken, salad, <a href="#">macaroni and cheese</a>
<b>2</b> <a href="#">Bacon hashbrown bowls</a> , sauteed mushrooms	<b>3</b> <a href="#">Thai beef style stir fry</a>	<b>4</b> <a href="#">Butter chicken</a> , rice, carrots	<b>5</b> Tacos, black beans, corn	<b>6</b> <a href="#">Ranch chicken bites</a> , tortellini, vegetable	<b>7</b> <a href="#">Shrimp egg roll bowls</a>	<b>8</b> <a href="#">Grilled cheese, tomato soup</a>
<b>9</b> <a href="#">Bacon cheeseburger pie</a> , fruit	<b>10</b> <a href="#">Beef stroganoff</a> , pasta, zucchini	<b>11</b> <a href="#">Sausage alfredo pasta</a> , broccoli	<b>12</b> Rotisserie chicken, salad, rolls	<b>13</b> <a href="#">Chicken enchiladas</a> , corn	<b>14</b> <i>Valentine's Day date night</i>	<b>15</b> <a href="#">Pizzadillas</a> , salad
<b>16</b> <a href="#">Tater tot casserole</a> , fruit	<b>17</b> <a href="#">Instant pot pulled chicken</a> , buns, carrots	<b>18</b> Pork chops, baked potatoes, broccoli	<b>19</b> Tacos, black beans, corn	<b>20</b> <a href="#">Copycat Chick fila</a> , buns,	<b>21</b> Grilled sausages, peppers and onions	<b>22</b> <a href="#">Cajun shrimp fettuccine alfredo</a> , green beans
<b>23</b> Sausage and cheese omelets, sauteed veggies	<b>24</b> <a href="#">Chicken showarma</a>	<b>25</b> <a href="#">Chicken rice casserole</a>	<b>26</b> <a href="#">Veggie enchiladas</a> , corn	<b>27</b> <a href="#">Hamburgers</a> , french fries, broccoli	<b>28</b> Frozen pizza, salad	