

Birmingham News coupon inserts

Procter & Gamble 9/28

(all exp 10/31 unless stated, all excl trial size)

\$1.50 off Always Discreet liner or pad

\$3 off Always Discreet underwear

\$2 off Always pad AND liner, excl Discreet

\$.50/1 Bounce product

\$.25/1 Bounty napkin

\$.25/1 Bounty towel or napkin

\$1 off Cascade dishwasher cleaner

\$.25/1 Charmin product

\$2 off Clairol hair color, excl Age Defy

\$5/2 Clairol hair color, excl Age Defy, Balsam, Textures & Tones (exp 10/12)

\$1.50 off CoverGirl face item, excl accessories

\$2.50 off CoverGirl+Olay product, excl accessories

\$1.50 off Crest rinse, 473 ml +

\$3 off Crest Sensi-Stop, 6, 10 or 12 ct.

\$.50/1 Crest toothpaste 3 oz +, or liquid gel

\$1 off Downy product or Bounce Bursts, excl single rinse

\$.50/1 Duracell select batteries, charger or 6pk+ hearing aid batteries

\$1 off Febreze Candle

\$1 off Febreze Noticeables refill

\$.50/1 Febreze product

\$1.50/2 Febreze products

\$1.00 off Fixodent Adhesive

\$1 off Gillette Clinical deodorant or regular twin-pk

\$6 off Gillette male refill pk, 6 ct. +

\$6 off Gillette Venus razor blade refill pk, 6-8 ct.

\$4/2 Head & Shoulders full size products

\$2 off Head & Shoulders treatment item

\$.25/1 Ivory body wash, 12 oz, or 3-bars

\$.50/1 Ivory or Safeguard body wash, 21 oz +, or 4 bar +

\$.50/1 Luvs diapers

\$2 off Metamucil Meta item

\$2/2 Olay body wash, bar soap 4 ct. +, or hand and body lotion

\$1 off Olay facial moisturizer or cleanser

\$3/2 Olay facial moisturizer or cleanser

\$5 off Olay Pro-X or Regenerist (1) facial moisturizer and (1) facial cleanser

\$.75/1 Old Spice product

\$2/2 Old Spice products

\$.50/1 Oral-B Glide Floss 35 M+, or Glide Floss picks 30 ct. +

B1G1 Oral-B Healthy Clean or Cavity Defense manual toothbrush, up to \$1.24

\$.50/1 Oral-B Pulsar, 3D White, Pro-Health or Complete or (2) select brushes

\$2 off Pampers (1) diapers or pants and (1) wipes 56 ct. +

\$5 off Pantene Expert Hair Regrowth treatment for women \$18.99 +

\$2/2 Pantene products

\$5/3 Pantene products

\$2 off Pantene styler or treatment items

\$.50/1 Pepto-Bismol product

\$1 off Prilosec OTC item

\$.25/3 Puffs singles or (1) 3-pk +

\$2 off Secret Clinical strength deodorant, excl .5 oz

\$.75/1 Secret deodorant, excl .5 oz

\$2/2 Secret Outlast, Scent Expressions or Destinations deodorant or spray

\$.40/1 Swiffer refill, solution or Dust & Shine

\$1/2 Swiffer refill, solution or Dust & Shine

\$2/3 Swiffer refill, solution or Dust & Shine

\$2 off Swiffer Starter Kit with refill

\$2/2 Tampax Pearl or Radiant tampon, 16 ct. +

\$2 off Tide detergent, excl detergent 10 oz, Simply Clean & Fresh, PODS

\$5/3 Tide detergents, Boost, To Go, machine cleaner, or Downy or Bounce

\$1 off Tide Washing Machine cleaner

\$1 off Vicks Dayquil or Nyquil Severe items

\$1 off Vicks product, excl Vapodrops, Zzzquil

\$4 off Vicks QlearQuil Allergy, 30-45 ct

\$1 off Vicks QlearQuil item

\$1 off Vicks ZzzQuil item

Redplum 9/28

\$1 off Advil Congestion, Allergy, Cold & Sinus or Allergy Sinus (exp 11/27)

\$3 off Advil Congestion, Allergy, Cold & Sinus or Allergy Sinus (exp 10/6)

\$1 off all laundry item, excl trial size (exp 11/9)

\$2 off Axe Daily Fragrance or deodorant stick, excl trial size (exp 10/26)

\$5 off Axe, Clear, Dove, Dove Men+Care, Nexxus, Suave, Tigi, Toni&Guy, TRESemme hair care purchase, \$15 + (Target coupon) (exp 10/5)

\$1 off Biotene product (exp 11/30)

\$2.50/2 Biotene products (exp 11/30)

\$3 off BrainStrong Memory Support item (exp 12/31)

\$1.50 off Clear Scalp & Hair item, excl trial size (exp 10/26)

\$.50/1 Degree Men Motionsense item, excl trial size (exp 10/25)

\$1.50 off Degree Women Premium or Clinical, excl trial size (exp 10/26)

\$1.50 off Dove Advanced Care deodorant with Mutriummoisture (exp 10/26)

\$1 off Dove Beauty Bar, 6 pk +, excl trial size (exp 10/26)

Free Dove hair product WYB body wash 22 oz +, up to \$5 (exp 10/12)

\$1 off Dove Men+Care deodorant 2.7-3oz or Clinical 1.7oz (exp 10/26)

\$2 off Dove Men+Care body & face bar 6 pk +, body & face wash 13.5 oz + or Active Clean Shower Tool (exp 10/26)

\$1 off Dove Men+Care face care item, excl trial size (exp 10/26)

\$1 off Dove Men+Care Fortifying Shampoo, 12 oz, excl trial size (exp 10/26)

\$1.50 off Dunkin' Donuts coffee bag, 11 oz + (exp 10/26)

\$.75/1 Dunkin' Donuts coffee creamer (exp 10/26)

\$1.50 off Gold Bond select skin relief or any 13oz+ lotion (exp 11/1)

\$1 off Gold Bond lotion, 2.4 oz + (exp 11/1)

\$.35/1 Healthy Life bread & buns (exp 12/31)

\$.35/1 Healthy Life soft style 100% whole grain bread (exp 12/31)

\$1 off Hefty large black trash bags (exp 11/30)

\$1.25 off Hefty tall kitchen trash bags (exp 11/30)

\$.75/2 Horizon Macaroni & Cheese or snacks (exp 11/8)

\$1 off Iams Healthy Naturals or Pro-Active Health dry cat food (Target coupon) (exp 10/25)

\$1 off Iams Healthy Naturals 4 lb. +, or Pro-Active Health dry dog food (Target coupon) (exp 10/25)

\$.50/3 Iams Pro-Active Health or Woof Delights wet dog food (Target coupon) (exp 10/25)

\$.50/3 Iams Purrfect Delights, Purrfect Delicacies or Pro-Active Health wet cat food (Target coupon) (exp 10/25)

\$.1/2 International Delight creamers (exp 10/31)

\$.1/2 International Delight iced coffee (exp 10/31)

\$.50/2 Juicy Fruit bubble gum, 5 ct. pack (exp 12/31)

\$.75/1 Juicy Fruit Fruity Chews bottle, 40 ct (exp 12/31)

\$2 off L'Oreal Excellence haircolor, excl To-Go (exp 10/25)

\$8 off Nasacort 24 Hr multi-pk, 2 x 120 sprays (exp 10/5)

\$5 off Nasacort 24 Hr, 60 or 120 spray (exp 11/28)

\$2 off Noxema 5 or 3 blade 3 ct. +, or twin blade 12 ct. (exp 10/29)

\$.75/1 Noxema skin care item, excl trial size (exp 10/26)

\$.1/2 On-Cor entrees (exp 12/31)

\$2 off Polident tablets, 120 ct. (exp 10/28)

\$.1/1 Pure Health naturally superfruit juice (exp 12/31)

\$.4/2 Pure Health naturally supplements (exp 12/31)

\$.1/2 Purina Busy Chew treats (exp 12/28)

B3G3 Renuzit Adjustable Air Freshener Cones, up to \$3.30 (exp 10/12)

\$1 off Rimmel eye item (exp 11/30)

\$1 off Rimmel products (exp 11/30)

\$2 off Simple cleanser, excl trial size (exp 10/26)

\$1 off Simple wipes, excl trial size (exp 10/26)

\$.50/1 Snuggle products (exp 11/9)

\$1 off Snuggle scent booster item (exp 11/9)

Free Suave body wash item WYB (2) Infusion products (exp 10/12)

\$1.50 off Suave Professionals shampoo or conditioner (exp 10/26)

\$2 off Suave Professionals styling or treatment item (exp 10/26)

\$.50/1 Success rice item (exp 12/20)

\$.75/1 SuperPretzel soft pretzel item, excl 7-9 oz stand up bag (exp 10/18)

\$.5/2 TRESemme product, excl trial size and 4.2 oz hairspray (exp 10/26)

\$.1/2 Zatarains frozen entrees (exp 11/2)

Smart Source 9/28

\$3 off Aleve PM item, 20 ct. + (exp 10/18)

\$.50/2 Betty Crocker fruit snacks (exp 11/22)

\$2 off Claritin Children's syrup 4 oz +, or Reditabs 10 ct. + (exp 10/26)

\$4 off Claritin regular or children's chewables, 20 ct. + (exp 10/26)

\$.1/2 Clorox liquid bleach (exp 11/28)

\$1 off Colgate 360 or Slim Soft manual toothbrush (exp 10/18)

\$1 off Colgate Enamel Health, Total, Optic White, Max Fresh or Sensitive toothpaste (exp 10/11)

\$1 off Colgate mouthwash or mouth rinse, 8 oz. + (exp 10/25)

\$1/1 Community Coffee single serve pack or 12 oz bag (exp 11/30)

\$1 off Crunchmaster crackers, bag or box (exp 12/31)

\$.40/1 3.4 lb + Dixie Crystal granulated sugar or 2 lb poly bag light, dark, or powder sugar (exp 10/26)

\$.50/2 Dixie Crystals 1 lb light brown, dark brown or powder box product (exp 10/26)

\$1/2 Dole fruit & oatmeal (exp 12/31)

\$.50/1 Eveready Gold batteries AA/AAA 8 pk. +, or flashlight (exp 11/28)

\$.50/1 Fiber One Chewy Bars, 90 Calorie items, Protein Chewy, Streusel or Meal Bar (exp 11/22)

\$.50/1 Fiber One Soft-baked cookies, 6 ct. + (exp 11/22)

\$.50/1 General Mills Cheerios original cereal (exp 11/8)

\$.50/2 General Mills select snack mixes (exp 11/22)

\$1.50/2 Hershey's select snack size bags (exp 10/18)

\$5 off I-caps eye vitamin and mineral item (exp 11/1)

\$.60/1 Jolly Time microwave pop corn (exp 11/30)

\$.55/1 Krusteaz Flatbread mix (exp 12/31)

\$3/1 Miralax 30 dose + (exp 11/8)

\$1 off Nature Made Vitamin C item, excl 30 ct or less (exp 10/28)

\$2/2 Nature Made items, excl 30 ct or less (exp 10/28)

\$.50/1 Nature Valley Granola Bars 5 ct. +, Granola Thins, Soft-Baked Oatmeal Squares, or breakfast biscuits (exp 11/22)

\$1 off Neutrogena Naturals item (exp 12/31)

\$3 off Opti-Free product, 10 oz + (exp 11/1)

\$.50/2 Ortega products (exp 12/31)

\$.75/1 OxiClean dishwashing booster (exp 11/8)

\$1 off OxiClean Extreme Power Crystals dishwasher detergent (exp 11/8)

\$1 off OxiClean laundry detergent (exp 11/23)

\$4 off Oxytrol product (exp 11/1)

\$8 off Oxytrol 8 patches, 32-day supply (exp 11/1)

\$1/1 Pure Via (exp 12/28)

\$1 off Purina dry dog or cat food (Target Coupon) (exp 11/8)

\$2 off Purina Beneful dry dog food, 14 lb. + (Target Coupon) (exp 11/8)

\$2 off Purina ONE dry dog or cat food (Target Coupon) (exp 11/8)

\$1 off Sargento Tastings cheese (exp 11/23)

\$.75/1 4oz multipack Tic Tac mints (exp 11/28)

\$3/1 any Zegrid OTC product (exp 11/9)

\$.50/1 Zest 3 bar pk + (exp 11/9)

\$.50/1 Zest body wash (exp 11/9)