

Coupon Variations for The Post and Courier 6/23. This weekend, you will have (2) coupon inserts in your newspaper. Be on the lookout for:

(1) RedPlum

(1) Smart Source

Red Plum 6/23

\$1.50 off Aveeno sun care, excl trial size (exp 7/31)

\$2 off Bayer Aspirin, 20 ct. + (exp 8/15)

\$4/2 Bayer Aspirin 20 ct. +, One a Day adult or Alka-Seltzer antacid (exp 6/30)

\$1 off Best Foods or Hellmann's mayonnaise, 22 oz + (exp 7/21)

\$1.50 off Bikini Zone product (exp 8/31)

.50/1 Dove Men+Care hair care, excl trial size (exp 7/7)

\$1 off Febreze product, excl trial size (exp 7/31)

Free Febreze Stick & Refresh wyb Air Effects, excl trial size (exp 7/31)

\$1 off Garnier cleanser (exp 8/17)

\$1 off Kayem Franks (Exp 9/3)

\$2 off L'Oreal Excellence reg or Richesse shade (exp 8/17)

.75/1 L'Oreal kids item (exp 8/18)

.55/1 Land O'Frost Bistro Fav, Premium, Delishaved, Canadian bacon (exp 7/23)

\$1 off Land O'Frost sub sandwich kit or wrap kit (exp 7/23)

\$1 off Mr. Clean liquid or spray, excl trial size (exp 7/31)

\$1 off Nestea iced tea, 0.5 L 12 pk. (exp 8/4)

\$2 off Nivea Q10 serum, gel or firming lotion, 2.5-13.5 oz (exp 7/21)

\$2 off Nivea reg or men's body lotion, 8.4-16.9 oz (exp 7/21)

\$2 off Nivea Sun-kissed beautiful legs or radiant skin lotion (exp 7/21)

\$1 off Noxzema Perfect Pivot 5 Blade Shavers (exp 7/30)

\$1 off One a Day adult multivitamin (exp 7/22)

\$2 off Scar Zone product (exp 8/31)

\$1 off Snickers Brand, Twix Brand, M&Ms Brand, Milky Way Brand or Dove Chocolate Ice Cream Bar or Sandwich Multi-Packs (3-6 ct) exp 8/4

\$1/2 Sun Laundry Detergent 45 oz+ (exp 8/14)

.75/1 Tabasco product (exp 8/4)

.75/1 TresEmme Fresh Start item, excl trial size (exp 7/21)

\$1 off Truvia natural sweetener or baking blend with sugar (exp 9/30)

\$2 off Wisk Laundry Detergent 45 oz/24 load+ (exp 8/4)

Food Lion Coupons all exclude travel size and all expire 7/16

\$1 off Dove, Dove Men+ Care or Degree Deodorant

\$1 off Clear Scalp & Hair Therapy Shampoo or Conditioner

\$1 off Dove or Dove Men+ Care Bar 6 pk or Dove Body Wash 24 oz

\$1/2 Suave Shampoo or Conditoner 12.6 -22.5 oz, Deodorant 2.6 oz or Body Wash 12 oz

Smart Source 6/23

\$1 off Arm & Hammer concentrated detergent 4x (exp 8/31)
\$1/2 Arm & Hammer power paks single use laundry detergent (exp 8/31)
\$1.50 off Bausch+Lomb Opti-Free product, 10 oz + (exp 7/31)
\$3 off Bausch+Lomb Opti-Free product, twin pk. (exp 7/31)
.75/1 Beech-Nut Infant Cereal (exp 7/31)
\$1/8 Beech-Nut Glass Jars (exp 7/31)
.50/2 Betty Crocker Fruit by the Foot, Gushers or Roll-Ups snacks (exp 8/17)
\$2 off Bio-Oil product, 2 or 4.2 oz (exp 9/30)
\$4 off Bio-Oil product, 6.7 oz (exp 9/30)
\$3 off Carvel ice cream cake, 56 oz + (exp 9/30)
\$1 off Citracal product (exp 9/30)
\$2 off Citracal sugar free chocolate chews (exp 9/30)
\$1 off Coppertone product, 4 oz + (exp 8/31)
\$5/2 Coppertone product, 4 oz + (exp 8/31)
.75/1 Cracker Barrel cheese, 6 oz + (exp 8/31)
\$1 off Dole fruit smoothie shakers (exp 8/31)
.50/2 Dole Pineapple (Exp 8/31)
.55/1 Edge shave gel or cream, 5.1 oz + (exp 8/4)
\$1 off Edwards whole pie product (23 oz +) exp 8/31
\$1/2 General Mills Big G cereals (exp 8/3)
\$1.50 off Gevalia coffee, single serve cups (exp 7/20)
\$1/2 Hershey's milk chocolate, 6 pk. (exp 8/11)
\$1/2 Hormel Rev wraps or wrap value pk. (exp 8/19)
\$1.50 off Huggies GoodNites bed mats, jumbo+ pk. (exp 7/20)
\$2 off Huggies GoodNites underwear, jumbo+ pk. (exp 7/20)
\$1.50 off Huggies Pull-up Training Pants(exp 7/20)
.50/1 Huggies baby wipes, 40 ct. + (exp 7/20)
\$2 off Huggies diapers, 42 ct. + (exp 7/20)
\$2 off Huggies Little Movers, Snugglers or Overnites diapers (exp 7/20)
\$2 off Infusium 23 shampoo, conditioner or leave-in treatment (exp 7/23)
\$2 off Johnsonville Grillers (exp 7/31)
.20/2 Kraft Jet-Puffed marshmallows, 8 oz + (exp 8/11)
\$1 off Land O Lakes Deli Cheese 16 oz (exp 8/31)
\$1 off Land O Lakes 4 Cheese Italian Blend (Exp 8/31)
.50/1 Milos Famous Tea (Exp 7/22)
.50/1 Mrs. Dash marinades (exp 11/30)
.50/1 Mrs. Dash seasoning blends (exp 11/30)
.50/1 Marzetti or Simply Dressed Slaw Dressing (Exp 9/15)
\$1 off Maxwell House Coffee Single Serve Cups (exp 7/20)
\$1/2 Nabisco Honey Maid grahams, 14 oz + (exp 8/11)
\$1 off Nabisco Newtons cookies, 8 oz + (exp 8/10)
.50/1 Nature Valley granola bars, thins or soft-baked oatmeal squares (exp 8/17)
.50/1 Orville Redenbacher's Pop Crunch5-6 oz (Exp 8/4)
.50/1 Palmolive Scent Essentials Dish Liquid (25 oz +) exp 7/13
.30/1 Pam Cooking Spray (exp 8/4)
\$1 off Pert Plus 2-in-1 item, 13.5 oz + (exp 7/23)
\$1 off Pet Milk 1 gallon (Exp 7/31)

\$1 off Pet Ice Cream 56 oz (exp 7/31)

.50/1 Phillips product (exp 9/30)

\$1.25 off Phillips Colon Health (exp 9/30)

\$2.25 off Phillips Fiber Good gummies (exp 9/30)

.50/2 Pillsbury Toaster Strudel, Scrambles or pancakes (exp 9/14)

\$1 off Poise Hourglass pads (exp 8/3)

\$1 off Poise product (exp 8/3)

\$1/2 Premier Protein bars or crisp bars (exp 9/29)

\$5 off Premier Protein reg 4pk. AND snack size 4 pk. or reg 12 pk. (exp 9/29)

.55/1 Raid product (exp 8/3)

\$1 off Revlon eye item (exp 8/4)

\$1 off Revlon lip item (exp 7/28)

\$1 off Revlon nail item (exp 7/28)

\$1 off Reynolds baking cups (exp 9/30)

\$2 off Schick Quattro disposable razor (exp 8/4)

\$2 off Schick Quattro for Women razor, bikini trimmer or refill (exp 8/4)

\$2 off Schick Quattro Titanium razor (exp 8/4)

\$2 off Schick Quattro Titanium refill (exp 8/4)

.55/1 Skintimate shave gel or creme, excl 2.75 oz cans (exp 8/4)

\$1.50 off Tom's of Maine kids toothpaste or rinse (exp 8/10)

\$1.50 off Tom's of Maine naturally dry deodorant (exp 8/10)

\$1 off Tom's of Maine deodorant or bar soap (exp 8/10)

\$1 off Tom's of Maine toothpaste or mouthwash (exp 8/10)

\$1 off Trojan vibration item (exp 9/22)

\$2 off Trojan lubricant (exp 9/22)

B1G1 UrgentRX Powder Pack (exp 9/30)

\$1/2 Wacky Mac products (exp 8/3)

.50/1 Wonderful pistachios, 5 oz+ (exp 8/23)

.40/6 Yoplait cups (exp 8/17)

.50/8 Yoplait cups (exp 8/17)

.75/2 Yoplait Go-Gurt, Kids Cup, Trix, Pro-Force or Baby (exp 8/17)

\$1/5 Yoplait Greek 100 yogurt (exp 8/17)

\$1 off Yuban coffee single serve cups (exp 7/20)

\$2 off Zegerid OTC (exp 7/28)

\$6 off Zegerid OTC, 42 ct. (exp 7/28)