STORE COUPON | Valid: 9/18/2013 - 9/24/2013

Save 35¢ on ANY ONE (1)
my essentials™ Cookies
(All Varieties)

LIMIT 1 (ONE) PRINT PER CUSTOMER
Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value. We reserve the right to limit quantities and correct typographical and photographical errors. MVP Card required. Website Coupon - www.FoodLion.com

0 00000 55397 1

STORE COUPON | Valid: 9/18/2013 - 9/24/2013

Save 45¢ on ANY ONE (1)
my essentials™ Granola Bars
(All Varieties)

LIMIT 1 (ONE) PRINT PER CUSTOMER
Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value. We reserve the right to limit quantities and correct typographical and photographical errors. MVP Card required. Website Coupon - www.FoodLion.com

0 00000 55398 8

STORE COUPON | Valid: 9/18/2013 - 9/24/2013

Save 55¢ on ANY ONE (1)
Ziploc Freezer, Storage or Sandwich Bags
(15 ct. or Larger)

LIMIT 1 (ONE) PRINT PER CUSTOMER
Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value. We reserve the right to limit quantities and correct typographical and photographical errors. MVP Card required. Website Coupon - www.FoodLion.com

0 00000 55399 5

STORE COUPON | Valid: 9/18/2013 - 9/24/2013

Save 55¢ on ANY ONE (1)
Ziploc Containers
(2 ct. or Larger)

LIMIT 1 (ONE) PRINT PER CUSTOMER
Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value. We reserve the right to limit quantities and correct typographical and photographical errors. MVP Card required. Website Coupon - www.FoodLion.com

0 00000 55400 8

STORE COUPON | Valid: 9/18/2013 - 9/24/2013

Save $1.00 on ANY FIVE (5)
Spaghettios Pastas

LIMIT 1 (ONE) PRINT PER CUSTOMER
Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value. We reserve the right to limit quantities and correct typographical and photographical errors. MVP Card required. Website Coupon - www.FoodLion.com

0 00000 55401 5

Your Shoppers' Companion

Coupons begin 9/18/2013

Shopping List

	Coupon
ANY my essentials™ Cookies (All Varieties)	✓
ANY my essentials™ Granola Bars (All Varieties)	✓
ANY Ziploc Freezer, Storage or Sandwich Bags (15 ct. or Larger)	✓
ANY Ziploc Containers (2 ct. or Larger)	✓
ANY FIVE Spaghettios Pastas	✓