Your Shoppers' Companion

Coupons begin 1/18/2012

FOOD LION

STORE COUPON | Expires January 24, 2012

$1.00 off your next purchase of any two (2) BIRDS EYE® CHEF'S FAVORITE items (10-12 oz.)

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

Website Coupon - www.FoodLion.com

0 00000 18545 5

STORE COUPON | Expires January 24, 2012

$1.50 off your next purchase of any one (1) ESSENTIALLY YOU™ or SIMPLE LIVING™ cereal (12-21 oz. box)

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

Website Coupon - www.FoodLion.com

0 00000 18546 2

STORE COUPON | Expires January 24, 2012

$1.00 off your next purchase of any one (1) MY ESSENTIALS™ cereal

LIMIT 1 (ONE) PRINT PER CUSTOMER

Good only at Food Lion. Limit 1 (one) coupon per item. Limit one use per purchase of specified product, per transaction, per person, per day. Void if copied, sold, or exchanged. Do not double or triple. Void if coupon value exceeds retail value of item. Not applicable towards the purchase of tobacco, alcohol, gift cards, postage stamps or services. No cash value.

Website Coupon - www.FoodLion.com

0 00000 18547 9

STORE COUPON | Expires January 24, 2012

$1.00 off when you buy two (2) MOTT'S® 64 oz. apple juices

LIMIT 1 (ONE) PRINT PER CUSTOMER

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Website Coupon - www.FoodLion.com

0 00000 18548 6

Shopping List

	Coupon
2 Birds Eye® Chefs Favorite items (10-12oz.)	✓
1 Essentially You™ or Simple Living™ cereal (12-21 oz box)	✓
1 My Essentials™ cereal	✓
2 Motts® 64 oz. apple juices	✓